

2023 U.S. Masters Swimming 5k Virtual Championship
Women's Relays (3 Swimmers)

Age Group	Place	Club Name	Total Time	First Name	Last Name	Age	Club Abbr	USMS Number	Individual Time	USMS Record
25+	1	Oregon Masters	3:53:21.20	Emily	Arcuri	31	OREG	373Y-ZTBJR	1:16:54.27	
				Ilsa	Feierabend	31	OREG	3732-69VC2	1:12:39.94	
				Cheryl	Morgen	54	OREG	373M-026FA	1:23:46.99	
25+	2	St Pete Masters	4:02:09.75	Megan	Howson	27	SPM	1430-8BV09	1:20:35.76	
				Kelly	Deuser	25	SPM	1430-0AZS3	1:23:57.99	
				Stephanie	Gibson	40	SPM	143N-H37MJ	1:17:36.00	
25+	3	Marcias Enthusiastic Masters of Oakland	4:19:24.84	Beth	McBride	33	MEMO	383N-4YVNP	1:28:21.86	
				Carrie	Hahnel	45	MEMO	383F-GXNY5	1:17:52.99	
				Tina	Voight	54	MEMO	383R-06T52	1:33:09.99	
35+	1	St Pete Masters	3:45:17.81	Sarah	Swoch	38	SPM	1436-02TVT	1:16:41.82	
				Allison	Retotar	36	SPM	1432-088S8	1:15:25.99	
				Paula	Texel	53	SPM	143K-0625D	1:13:10.00	
45+	1	Illinois Masters	3:59:48.36	Stephanie	Henry	49	IM	213W-09R25	1:17:24.58	
				Marcia	Cleveland	59	IM	213B-MC944	1:19:16.06	
				Karen	Lundgren	59	IM	213C-09E7N	1:23:07.72	
45+	2	Puget Sound Masters	4:12:36.69	Michelle	McRae	48	PSM	363U-04FBZ	1:17:52.15	
				Haleigh	Werner	54	PSM	3634-02M0U	1:10:41.19	
				Andrea	Hunt	75	PSM	363E-0365H	1:44:03.35	
65+	1	Palm Beach Masters	4:27:36.46	Tamara	Burton	65	PBM	503U-099CG	1:22:25.99	
				Janet	Siniscalchi	67	PBM	503U-079VZ	1:37:35.4	
				Catherine	Rust	70	PBM	503X-06WNH	1:27:34.99	